



Kids Have Rights

1. The right to be safe ALL the time.
2. The right to be listened to and taken seriously.
3. The right to say NO.
4. The right to ask for what you want.
5. The right to make mistakes.
6. The right to be treated with respect.
7. The right to privacy and a special place of your own.
8. The right to cry.
9. The right to feel angry.
10. The right to have your own feelings.





Telling children their **Rights** and helping them understand the **Body Rules** (Handout) helps children understand trust and safety and keeps them safe.

You can ask them questions about their rights and the body rules and the child can give a up or thumbs down. You could ask:

- “Do you have the right to cry?”
- “Is anyone allowed to look at your private parts?”